





© Images by Steve Davies





London Colney Primary & Nursery School

Alexander Road, London Colney, Herts AL2 1JG



We believe that every child coming to our school is an individual and has something to offer. Our aim is to encourage, motivate and help all children reach their potential during the time they spend with us.

If you would like to visit our lovely school and see for yourself what we have to offer, contact the School Office on 01727 823283 to arrange a visit. We look forward to seeing you!

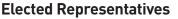
We are a happy, caring, fully inclusive school with our children at the heart of all we do.



We are a good cchool

London Colney Primary & Nursery School Headteacher: Sarah Vasiliou www.londoncolney.herts.sch.uk

PARISH DETAILS



NORTH WEST WARD Councillor Dreda Gordon T: 07968 224 901

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SOUTH WEST WARD Councillor Helen Pakenham T: 01727 821 469 E: <u>Cllr.helen.pakenham@</u> <u>londoncolney-pc.gov.uk</u>

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Councillor Norman Mahony T: 01727 767 348 E: <u>ncmahony@ntlworld.com</u> ST ALBANS DISTRICT COUNCIL London Colney Ward Councillor Tony Lillico T: 07956 116 330 E: Cllr.T.Lillico@councillor.stalbans.gov.uk

Councillor Simon Calder T: 0794 947 9370 E: <u>Cllr.S.Calder@councillor.</u> stalbans.gov.uk

Councillor Guy Gampell M: 07833 063617 E: <u>Cllr.G.Gampell@councillor.</u> stalbans.gov.uk

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Councillor John Parry T: 07518 825610 E: <u>Cllr.j.parry@councillor.</u> stalbans.gov.uk

Councillor Nuala Webb M: 0777 9935354 E: <u>cllr.n.webb@councillor.</u> stalbans.gov.uk

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PARISH CLERK Emma Payne
Direct Line: 01727 261 101 E: parishclerk@londoncolney-pc.gov.uk

London Colney Parish Council, Caledon Community Centre Caledon Road, London Colney, AL2 1PU T: 01727 821314 | E: info@londoncolney-pc.gov.uk www.londoncolney-pc.gov.uk

ADVERTISE WITH US

CIRCULATION - The London Colney News is distributed to over 4,000 households. If you would like to contribute to the content of the next issue, please get in touch.

For more information email us: events@londoncolney-pc.gov.uk

NEXT ISSUE: JUNE 2023 AD & COPY DEADLINE: 12TH MAY

The Parish Council does not endorse the advertisements seen in this publication.

Articles should be sent to the editor, Events and Community Officer c/o London Colney Parish Council, Caledon Community Centre, Caledon Road, London Colney, AL2 1PU or please email: events@londoncolney-pc.gov.uk. The editors of this magazine rely on contributors for the accuracy of their articles. We regret that we cannot check all the facts, but we are happy to consider printing corrections if errors are brought to our attention. Whils the editors endeavour to include all items submitted by the deadline given, pressure on space may sometimes mean that items will be held over for consideration in future issues and may not therefore appear in the current issue. Articles may be edited for length or clarity. Designed by MINYMIZE Creative Solutions

EASTER COMPETITION

FIND ALL THE EASTER EGGS AND SHARE YOUR ANSWER ON OUR FACEBOOK PAGE 1 LUCKY WINNER WILL BE CHOSEN AT RANDOM TO WIN AN EASTER EGG



YOUR NEW LOCAL DOMINO'S IS STALBANS North Orbital Rd

50% OFF PIZZA

WHEN YOU ORDER ON OUR APP



01727 221 212

Opening hours: 11AM - Late

T&Cs apply. Offer ends 11/06/2023. See Boring Legal Stuff.

The Albert Bygrave Retail Park, North Orbital Road, St Albans, AL2 1DL.

Final Farewell



t's been a great privilege to serve the people of the village over the past years. I pay a particular tribute to the other 5 Labour, 2 Conservative and 1 Liberal Democrat Councillors for supporting my nomination as Chairman, especially over the last two years when my Parkinson's has been more. pronounced. And now it is one more council meeting to chair, and that

CHAIRMAN MALCOLM MACMILLAN

brings me to the end of 40 years of public service.
 I thank you for your continued support

during that time which has resulted in 27 years on the St. Albans City and District Council (with two periods as the Right Worshipful Mayor.), 8 years as a Herts County Councillor (chairing the social services committee for 2 years) and 10 years as a Parish Councillor.

Now, the last thing I wanted to do was to write something that might begin to read like an obit column. Instead, I wanted to make the point that the most satisfying and enjoyable of all these posts has been my election to London Colney Parish Council. It provided an opportunity to make a difference to the lives of local people, whether it be local lunches on a Tuesday and Thursday or the seated exercise group or the seated yoga classes held on a Monday and Thursday.

We provide opportunities for people to come together; to make new friendships and to reduce the feeling of isolation and loneliness. If a Parish Council cannot be at the forefront of these activities, then they lack a basic understanding for their existence. Sure, there are more serious activities than providing a fireworks evening, a Halloween event, or an Elvis night.

Yes, there are the important things in our village like the Neighbourhood Plan, to which many of you have contributed, and all villagers will have a chance to vote in a referendum.

This community vision for our future contains everything that the Council comments on presently, such as planning and environment issues, house building proposals, transport and bus services, cycling routes and walking pathways (rights of way) to name but a few.

I have been Chair of a Council that punches well above its weight. And this is done through exceptional policy making. However policy made by Councillors needs a committed and professional staff team to carry out the decisions of Council: and we certainly have that in the form of our exceptional Chief Executive (the Clerk to the Council) and the team who go the extra mile (or even going 500 miles.) Well that's enough from me. I want to say many thanks to YOU, our village residents. I have received your marvellous personal feedback, whether it be from appreciation of my few words on Remembrance Sunday to your precious comments on this column.

These comments have assisted me through the dark periods brought on by Parkinson's, as the disease starts to have a greater effect and influence on me. BUT the good news is that I have a new grandson, OSCAR, who brings massive joy into my life and I look forward to spending more time with him and my very supportive family.

Malcolm MacMillan



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ARE YOU READY TO VOTE?

The Electoral Commission

No ID? You can apply for free voter ID

You now need photo ID to vote at a polling station

rom 4 May 2023, voters will need to show photo ID to vote at polling stations in the district. A wide range of photo ID will be accepted, including passports, driving licences and cards with a PASS Mark.

For more information on which forms of photo ID will be accepted, visit www.electoralcommission. org.uk/voterID or call the Electoral Commission helpline on 0800 328 0280.

If you don't already have an accepted form of photo ID, or you're not sure whether your photo ID still looks like you, you can apply for a free voter ID document, known as a Voter Authority Certificate.

You can apply at *www.gov.uk/* apply-for-photo-id-voter-authority-

certificate. The deadline to apply for a Voter Authority Certificate in time for the 4 May elections is 5pm Tuesday 25 April 2023.

The following elections are taking place on Thursday 4 May:

• Around a third of District Council seats will be contested, with elections taking place in all wards except Colney Heath and Marshalswick West.

• All seats are up for election at the following Parish and Town Councils: Colney Heath, Harpenden Rural, Harpenden Town, London Colney, Redbourn, Sandridge, St Michael, St. Stephen, and Wheathampstead.

A Community Governance Review has resulted in changes to some

parish ward names, areas, and councillor numbers.

Neighbourhood Plan
 Referendums are taking place in
 Wheathampstead and Redbourn.

To have your say in May, make sure that you are registered to vote, especially if you have recently changed address.

A registration form is available at www.gov.uk/register-to-vote or request a paper form by calling Electoral Services on 01727 819294.

The deadline to register to vote is Monday 17 April 2023. Information about Voter ID requirements, the elections, and how to apply for a postal or proxy vote can be found at: www.stalbans.gov.uk/votingand-elections.

SOCIAL SUBSCRIBERS AT THE SUMMERFIELD HEALTH CENTRE

esearch shows that on average 20% of patients request a GP appointment for external issues that affect their health.

Summerfield Health Centre is pleased to announce that we now have a Social Prescriber as part of our PCN team. Katie Stokes is available to assist patients where possible with any nonmedical problems that affect their wellbeing. Examples of problems that she may be able to assist with are:

- Loneliness/ isolation
- Caring for a family member with dementia
- Requests for a wheelchair
- Adaptations & equipment in home
- Struggling with the cost of living

- Entitlement to benefits
- Hoarding
- Support for carers
- Bereavement

Patients can book an appointment with our Social Prescriber by contacting our reception team.

There is no need for a referral from a GP.



Summerfield Health Centre, Caledon Road, London Colney, Herts, AL2 1PU Contact: 01727 823245



SUPPORT ART SALAD AND HELP THOSE WITH DEMENTIA GET CREATIVE

rt practice has been found to be beneficial in helping people living with dementia to communicate in a non-verbal way when communication is proving to be difficult.

Painting and drawing can allow us to use imagination which can help people living with dementia to feel connected to the people around them. Those with dementia taking part may benefit from the following:

- Increased brain stimulation
- Improved memory
- Sense of achievement
- Allows individuals to express their creativity.
- Boosts physical strength
- Enhances mood and general wellbeing

Art Salad was conceived because approximately 6 years ago my Mother-in-Law was diagnosed with dementia and, more recently, my Father-in-Law. Watching first-hand how cruel this

disease can be to this wonderful, kind, gentle couple, and the family around them, I felt compelled to do something with my art background to help others around us in a similar situation.

I was aware that there were some services available specifically to this demographic in my community of London Colney, St Albans. However, after investigation I discovered that there were no visual art workshops available for those with dementia. This is when I made the decision to enquire with our parish council if they would be happy for me to provide this service.

At the beginning of Autumn 2022 after some months of discussion the parish council and I agreed to start the workshops from January 2023 and to make them FREE sessions. Coupled with the help of a small grant from Hertfordshire County Council and a donation from a local business, Little Nightingale's Nursery. This meant that any art materials required could be



purchased using the money raised and the art workshops could remain to be free of charge allowing anyone to attend.

A crowdfunding page was also created for any further donations people may want to make to keep the service moving into 2024 or the potential to increase the frequency per month.

Thanks to Happy Skin Community for their generous donation to make these sessions possible.

Art Workshops for London Colney Dementia Sufferers - a Creative & Arts crowdfunding project in St Albans by Samantha Hurley (crowdfunder.co.uk)



PUBLIC STATEMENT ON THE VILLAGE CLUB – JANUARY 2023 -



For many years, the Parish Council has been concerned about the status of The London Colney Village Club. The condition of the building and the legal status of the land gave rise to concerns that warranted further investigation, so in the Summer of 2020, the Parish Council instructed a solicitor to investigate the legal status of land and club. This was on the back of concerns raised by the Parish Council about the future of the site, and how best to preserve it for residents, which was the intention of the original gift.

With the help of former trustees, a file was compiled of all the information available regarding the Trust deed from Charles Morris Esq, who gifted the land to the village in 1922. This was considered by specialised Legal Counsel, who provided detailed commentary of the validity of the Trust.

There is uncertainty over the Village Club and its legal status, which has come to light following pressure of development over the land. The Parish Council wish to preserve the clubhouse for the benefit of the community as a whole and understand more about the options available and cost implications of proceeding.

Background

The Trust was created by Deed of Gift dated 03 August 1922 ("the Trust") by Charles Morris Esq. and effected the transfer of the London Colney Village Club to the Trustees. The Trustees are to:

1. Hold the property on trust for the benefit of the Club and its members, but if the club ceased to exist ("the First Gift"),

2. Then for charitable purposes of London Colney as the Trustees see fit ("the Default Gift").

The present position

The club is currently held in the name of the 'London Colney Village Club (Property Holding) Limited' ("the Company") with the Land Registry following a transfer by the Trustees in 2016. At the time of writing, there is no restriction (known as a Form A restriction) entered on the Land Registry Title to the property. The benefit of the Form A restriction is that upon the sale of the property. the Company would have to seek agreement from the Trustees to join the sale and confirm that the property was being sold in accordance with the terms of the Trust. Without the restriction, there is no formal record of the Trust's interest in the property with the Land Registry and the Company could sell the property either intentionally or unintentionally without regard to the beneficiaries of the Trust, which puts the Trustees and the future of the Trust Property at risk. Notwithstanding the above, there is also uncertainty over the validity of the terms of the Trust itself.

Summary of legal advice

Before rectifying the Land Registry title over the property, it is prudent to first ascertain the validity of the Trust. The Parish Council have sought specialist advice from Legal Counsel who provided detailed commentary on the validity of the Trust.

Counsel's opinion is that the First Gift created in favour of the Members falls foul of one of the fundamental principles of Trust Law, owing to the fact that the category of beneficiaries of the Trust are open ended. Strictly speaking, it is not possible to ascertain who the beneficiaries are because members of a club are interchangeable for an indefinite period of time.

As such, Counsel takes the view that the First Gift fails.

When turning to the Default Gift in the Trust, Counsel concluded that this would also fail due to the invalidity of the First Gift, resulting in a complete failure of the Trust. Failure of the Trust means that the Trust Property would instead revert back to Charles Morris Esq, or his heirs.

Counsel also highlighted that there is considerable uncertainty on this area of law and there is a risk that the Court could take an alternate view if an application to Court were made to confirm the position. Nevertheless, the Trustees are advised by Counsel to seek directions from the Court to confirm the validity of the Trust so that they can be certain in their approach.

Cost Benefit Analysis

The Parish Council's solicitors have conducted a cost benefit analysis of this proposed course of action. In their view, there is no financial advantage to the Parish Council making an application to Court to justify the expected very high level of costs involved, even if the Court should find in our favour and declare the Trust valid contrary to Counsel's opinion.

An alternative approach was explored by the solicitor, and it was suggested to trace and contact the heirs of Mr Morris in the hopes that they would join in the discussions regarding the validity of the Trust and the potential Court application. In the solicitor's view, the beneficiaries would be in a better position to take on the cost consequences of the Court application.

If the Court did declare the Trust invalid (in line with Counsel's advice), they would be in a better position to stop any future development of the land.

Investigations of this nature would require the assistance of genealogists, given the Trust dates back 100 years. Quotations have been received from a number of respected genealogists which have produced a high range of open-ended cost estimates with potential to escalate out of control. Understandably it is not possible to anticipate the likely level of research required.

The uncertainty and high level of anticipated costs in tracing the heirs of Mr Morris' estate again, calls into question whether it would be in the Parish Council's financial interests to expend, which in the solicitor's view, is not.

The Current Situation

The site has been the subject of several planning applications to develop the site. The most recent one, to develop the site with 8 properties and a new club house was approved in December 2022.

To try and protect the site from being sold, it has been registered as an Asset of Community Value by the Parish Council. This means that should the site be advertised for sale; the Parish Council would be given 6 months to raise the necessary funds to buy the site. It does not mean that the vendor has to accept the Parish Council's offer.

To date we have spent considerable sums in legal fees to come to this conclusion. The Parish Council's resources are finite, and we feel that we have now come to the end of a long journey to try and establish the legal status of the site. To this end, we have decided not to proceed any further.

Unless the site comes up for sale, we can do no more than we have already committed to this matter. This is not a decision which has been taken lightly, but we have to weigh up the benefit to the public purse when pursuing a potentially very expensive course of action.

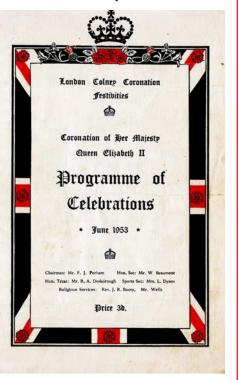




he coronation of a King or Queen is a once in a generation experience. The last one was in 1953, and the London Colney History Society has kindly provided us with a copy of the programme for the last coronation celebrations which included an open air service, street parties, old folks tea and entertainment and a social evening with dance.

It was all finished with a grand fete at Morris Recreation Ground. The Parish Council are looking to put on a suitable activity/event to commemorate this momentous moment in history. However, we can't do it without your input.

If you're interested in joining a group of like minded people to devise an event or activity then please contact parishclerk@londoncolney-pc.gov.uk 01727 821314.



Get in touch: parishclerk@londoncolney-pc.gov.uk or call: 01727 821314



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www.naomiczubadance.com

NCD

11 BUDGET TIME **CLLR DREDA GORDON, CHAIR OF FINANCE & GENERAL PURPOSES COMMITTEE**



GORDON

he start of April notes the beginning of the new Financial Year and to that end, all local authorities will have finalised their budgets for the year '23/'24.

Your Council Tax Bill comprises the following components.

- Hertfordshire County Council
- St. Albans District Council
- Hertfordshire Police Authority
- London Colney Parish Council

The Parish Council's Budget setting

process has taken place against a backdrop of unprecedented national fuel and food cost increases that have impacted on all London Colney households.

With that in mind, London Colney Parish Council Committees, carefully reviewed their finances before submitting plans to the Budget Working Party.

In order to maintain a good level of services to our residents, and at the same time keeping any increases to a low level, The Budget Working Party put forward an increase in Parish Council tax of 2.98% for the

forthcoming year.

That equates to an annual increase of £2.59 on a Band D property. These figures were agreed and the 23/24 Budget ratified by Councillors at their Full Council Meeting on 18th January.

London Colney Parish Council continues to represent great value to our residents.

I would like to thank London Colney Parish Officers and Councillors for their help in formulating a Budget that protects staffing and services for a minimum increase in the Parish Precept.



LET'S TALK CLIMATE CHANGE

mean this as literally as it sounds, let's just talk about it. Climate Change can seem like an enormous and overwhelming topic that can create fear, anxiety, flight, fright or

freeze in many of us.



Conversations about Climate Change shouldn't be left to scientists and environmentalists. It is a topic that is currently and will affect all of us wherever and whoever we are.

In chatting with friends, family, colleagues and neighbours about their thoughts and views on climate change you may find you have some common ground, pick up some useful tips or encourage each other to take action.

Sharing what you know about climate change could help people in your community with their own understanding. Even if you have differing views, the interaction is

important as it is these exchanges that will help to drive a wider social and political discussion and then develop our communities' response.

Still not sure where to start? Sustainable St Albans

can help! We're a group of local people working together to make St Albans district a more environmentally sustainable place to live.

Our website (https:// sustainablestalbans.org/talkingabout-it/) has loads of great resources on how to start climate conversations with your peers whether it be a group or 1-2-1 chat.

Perhaps you'd like someone to talk to you? We can help with that too! Our team of Climate Champs are volunteers with a passion for sharing their knowledge about climate change.

They can be booked to attend your

school, group, business or club entirely free of charge for an interactive and informative session on many different aspects of Climate Change and sustainable living.

Looking for other ways to become more sustainable? Our events programme throughout the year covers a broad range of activities to encourage more sustainable living from Repair Fairs to Sustainability



Markets selling and promoting sustainable products to our award winning Sustainability Festival in June.

There really is something for everyone. Sign up to our newsletter (https://bit.ly/3IToPRK) to



For more information contact vanessa.sharp@ sustainablestalbans.org or visit https://sustainablestalbans.org/

keep up to date with all.



ere at London Colney Parish Council, we want to ensure that our facilities are accessible for all residents. Recently, we were approached by the parent of a child with disabilities who told us that their daughter loved the swings, but had grown too big for the baby swings.

We have sourced some funding to install a nest swing (see below) at Morris Recreation Ground, and will be looking to install a new wheelchair friendly roundabout at Caledon Road Play Area.

Play areas are not cheap, and we appreciate that some of the equipment in our play areas haven't had a revamp for a while. Another resident raised their concerns about the age of the play equipment at some of our parks, and how they should be updated.

They commented that the play equipment for children with ADHD and other sensory perception disabilities would really enhance the facilities, as well as outdoor gym equipment for residents to take part in regular exercise.

They went on to say that fundraising could be undertaken to help fund these improvements, and if you feel that you would like to be involved in developing our play areas, then please contact *parishclerk@londoncolney-pc.gov.uk*

FREIGHT TERMINAL CHALLENGE



he developer *"Segro"* is still pushing ahead with their plan for a massive freight terminal on the Radlett Aerodrome site, which is on the boundary of the Parish.

The plan will involve a large new roundabout near Hedges Farm, from where several thousand lorries per day will access the A414 and a spur from the railway near London Colney that will loop back under the track near Napsbury Park into the terminal site

In order to proceed, they need Hertfordshire County Council to sell them the land. The Parish Council has requested that the HCC do not sell the land and has challenged the view of the council leadership that they have no option.

If you do object to the sale of the land then you can sign the petition at *https://www.change.*

org/p/suspend-the-sale-ofst-albans-land-for-a-railfreight-interchangedevelopment.





ST ALBANS FIRE AND RESCUE VISITS BOWMANSGREEN

eception pupils at Bowmansgreen hosted some very special visitors from the St Albans Fire and Rescue service. Pupils were very excited to see the fire engine roll onto the playground and couldn't wait to meet the crew!

They asked lots of interesting questions and learnt about how to become a firefighter. They had fun aiming and spraying the hose and took a seat in the cab. Pupils were even able to try on a firefighter's uniform – definitely some room for growth!



Bowmansgreen would like to thank the Fire and Rescue crew for taking the time to visit Bowmansgreen and for giving pupils such a fantastic experience!



Do you like our new offices?

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id you know the library in London Colney is supported by volunteers? It's about more than just books - you can use a PC free of charge for an hour each day if you are a library member, and there is a lot of useful local information available in there.

Daily newspapers are available to read and you can borrow from a range of magazine titles too. Membership is free, you just need to bring something current with you confirming your name and address. The volunteers have been working hard to increase the opening hours, and are pleased to say that effective from Monday 6th March 2023 the library will be open 4 days a week.

We are always looking for extra support in the library, whether it's helping customers, or supporting behind the scenes, so please let us know if you have some free time and would like to become involved.

We look forward to seeing you soon. Do pop in for a browse if you haven't visited already"

OPEN TIMES

Monday 1.00pm-5.00pm Tuesday 1.00pm-5.00pm Wednesday CLOSED Thursday 1.00pm-5.00pm Friday CLOSED Saturday 09.30am-1.30pm

Sunday CLOSED



Email us at: londoncolney libraryvolunteers@hotmail.com to become a volunteer.



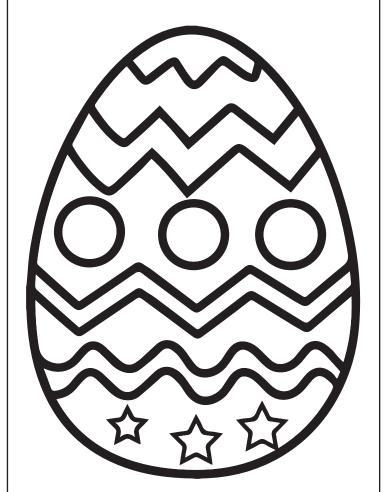
A HELPING HAND AT LUNCH TIME

e have a small group of volunteers, who help us with our Tuesday and Thursday lunch clubs. We've been lucky to have some extra helpers on Thursdays when Year 6 pupils from London Colney School have been joining

our regular volunteers.

The children have been helping serve meals and clear away dishes, as well as chat to the diners. The children have really enjoyed these sessions and we've really enjoyed having the opportunity to meet with them too.

COLOUR ME IN & HANG ME UP



MINIMESWORLDOFADVENTURES.COM _____ SHARE ON FACEBOOK

LOCAL COMPUTER CHARITY

re you a bit of a technophobe? Do you have a fear or dislike of advanced technology or complex devices, especially common concern and, in fact, it's quite possible that we all suffer at least a small amount of nervousness when confronted with new technology. In today's rapidly changing world, it can be easy to feel out of touch.

Computer Friendly is a "not for profit" registered local charity, wanting to help adults in St Albans and surrounding areas to feel included and less isolated by being better skilled on digital devices to meet the demands of the ever increasing online world.

Computer Friendly has been in existence since 2002 and has around 50 volunteers performing various roles, from admin to technical experts. With decades of computer/ digital experience behind them, the friendly trainers and helpful backup



team are suitably qualified technical experts and have indepth experience of Microsoft and Apple Computers as well as iPad and Android Tablets and Smart Phones along with a

clear understanding of the operating systems and applications.

There are various ways that Computer Friendly can help you to get to grips with computers, tablets and smart phones and other digital devices and get hands-on help and advice, including scheduled courses and one to one sessions, or you can visit one of their many, free drop-in sessions, including the newly opened one at the Caledon Community Centre in London Colney.

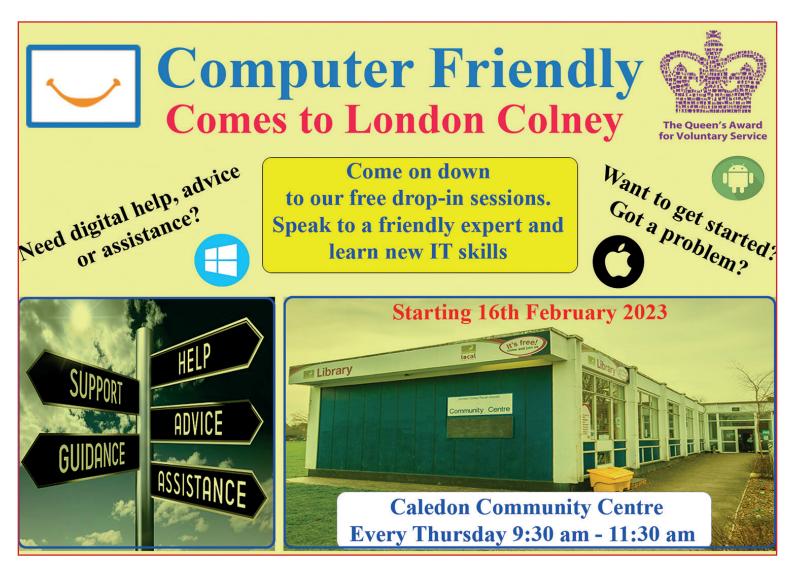


As well as delivering around 60 courses for digital beginners and intermediates, they also offer training on specialist internet-based leisure courses such as staying safe online, Facebook, and researching your family history.

They also train on basic and advanced Windows, Microsoft Word, Excel and PowerPoint.

Computer Friendly has been recognised for its fantastic work with various awards, including the Queen's Award for Voluntary Services in 2020.

For further details visit www.cfsta.org.



16 WATCH OUT **HEDGEHOGS CROSSING.**

oo often we see poor hedgehogs run over on the streets of London Colney.



With the help of the London Colney Hedgehog Rescue and funding from Cllr Sarah Tallon, we've

installed some warning signs at hedgehog hotspots, which warn motorists that there are hedgehogs around.

Hedgehog hot spots include Shenley Lane near Napsbury and the High Street near Cotlandswick. Please take care when driving at night along these roads.

It's hibernation time at the moment, but if you see a hedgehog out and about during the day, then there's something not right.

Please contact our friends at London Colney Hedgehog Rescue 07825 255 321 or 07867 567 464





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For more information please contact:

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St Albans District Citizens Advice Bureau

We're still here to help - don't sit on a problem, get in touch

We are here to help, online and over the phone, as well as some face-to-face appointments at The Hub, Civic Centre, St Albans.

Our advice is free and confidential, whatever your issue. We provide up-to-date advice on many issues including money, benefits, housing, reducing energy bills, employment and family issues. We can also help with form filling, applying for benefits, grants or Blue Badge applications; and we can help you understand and write letters. If you're on a low income you may qualify for Pension Credit or help with your Council Tax or electricity bill.

What to expect when you call

When you call, we will arrange for someone to call you back to find the most appropriate way for us to help you. This could be giving you the information you need to solve your problem yourself, or it could be making an appointment to discuss your problem further.

> How to get advice from us: CALL us to get advice on 01727 811118 or 0800 1448 848

> > **Opening hours:**

Monday to Thursday 10am to 4pm Friday 10am to 1pm

Face-to-Face: 10am to 1pm The Hub, Civic Centre, St Peter Street

Visit our website citizensadvicestalbans.org.uk

Or visit our website citizensadvicestalbans.org.uk where you can chat to an adviser online or email us. Did you know, our website can be translated into over 100 languages? Simply go to the Homepage and select the language box.

For general information visit citizensadvice.org.uk or visit https://citizensadvicestalbans.org.uk/cost-savingtips/ for our Cost of Living Tips

> Call us with Relay UK if you can't hear or speak on the phone.

For more visit relayuk.bt.com Follow us on Twitter @CAStalbans

WHO DO I CALL?

GRASS VERGES, POT HOLES, STREET LIGHTS?

Herts County Council

www.hertfordshire.gov.uk

Hertfordshire

T: 0300 123 4040

FLY TIPPING / RUBBISH BINS



St Albans District Council

a.cleanerdistrict@stalbans.gov.uk

T: 01727 809019

PARKING ISSUES



citizens advice

St Albans District Council T: 01727 845 283

CITIZENS ADVICE

T: 01727 811 118 W: www.castad.org

* Clubs Est. 1994

BENEFITS

NEW YEAR - NEW YOU FAMILY & KIDS MARTIAL ARTS



LONDON COLNEY W.

Word is getting around that this thriving group is in the Community Centre and that apart from our excellent speakers, we are bright and cheerful, much needed these days. Here is a list of the planned evenings. Why not come along!

Tuesday, 9th May

Our A.G.M., where you can learn about us and what went on and what will be going on. This is followed by our Bring and Buy Sale which is a bit of an auction. Bring something good and pick up a bargain.

Tuesday, 13th June

Crafts, Paper Cutting Demo (cards for sale) with Christine Green. Craft evenings are usually well attended and very enjoyable.

Tuesday, 11th July

John Pritchard from the Historical Society, is going to talk about the River Ver. We must have all walked along by the river and to learn its history will be fascinating.

Tuesday, 8th August

Even the W.I. must have a month off to relax in the sun, therefore, no meeting tonight.

Tuesday, 12th September

Tom Way is back with his wonderful Wildlife photographs. As a professional photographer, he will show us some of his fantastic photos and tell us how he took them. He has some made into cards, which you can buy.

We meet on the second Tuesday each month at the Community Centre, Caledon Road, London Colney, AL2 1PU. There are refreshments, competitions and a raffle. Annual Membership is £46 but you can come as a visitor for the first time for just £3.00. Do come along a join in, we would love to welcome you.



We're Here to Help

Citizen's Advice and St Albans Old People's Trust Workshops on Financial Matters

Tuesday 14th March

What benefits am I entitled to? -000-

Tuesday 18th April

Other Financial Matters

-000-

Free to attend, refreshments available

10.30-11.30 Caledon Community Centre, Caledon Road, London Colney AL2 1PU



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- Friendly training and instruction available in plain English
- Advice given on upgrades many older computers can be upgraded at a fraction of the cost of a new machine.
- Upgrades of hardware and software carried out.

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In house ad creation - Please get in touch for more details 10% Discount available for bookings of 4 or more issues.

> For more information email us: events@londoncolney-pc.gov.uk

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FOR WEEKLY EVENTS IN THE COMMUNITY

ES FOR

THE Diary

WOULD YOU LIKE TO SHARE YOUR GROUP OR ACTIVITY ON OUR WEBSITE?

FOLLOW US AND KEEP UP TO DATE WITH WHAT IS HAPPENING IN LONDON COLNEY

FACEBOOK: @londoncolneyparish TWITTER: @LondonColneyPAC VISIT: www.londoncolney-pc.gov.uk

WOULD YOU LIKE TO SHARE YOUR GROUP OR ACTIVITY ON OUR WEBSITE?__

Please send us – a link to your website, your logo and image (optional) and information about your group/sport or activity such as when you meet, who it is aimed at, is there a cost, contact details, what you do. Email us at <u>events@londoncolney-pc.gov.uk</u>

MONDAY

SEATED EXERCISE 10am -11am Caledon Community Centre T: 01727 821314

SEATED YOGA AND RELAXATION 11am – 12noon Caledon Community Centre T: 01727 821314

> LINZIE'S MUSIC GROUP 10am - 10:45am Napsbury Pavilion Term Time T: 07956 857589

London Colney Library Tuesday 1pm – 5pm

TAE KWON DO 4pm Caledon Community Centre T: Chris Snow - 07960 476124

KIDS @THE BASE 4:30 - 6pm (TERM TIME ONLY) Caledon Community Centre T: Shelley -0797 3466572

IRISH DANCING 6.30pm Caledon Community Centre T: Kathleen - 07595 611166

YOGA 6.30 - 7.30pm Napsbury Pavilion T: Grace Hynes - 07852 603739 PILATES 6:45pm - 9pm Morris Way Pavilion T: Joanna - 07740 930263

FOOT HEALTH CLINIC First Monday of the Month Morris Way Pavilion T: Sandra Gray - 07580572349

TUESDAY

LINZIE'S MUSIC GROUP 10am – 10:45am Napsbury Pavilion Term Time T: 07956 857589

LUNCH CLUB 12 noon Caledon Community Centre T: 01727 821314

OVER 60'S BINGO 1:30pm - 4pm Caledon Community Centre T: June 01727 823666 T: Jean 01727 823325 London Colney Library Tuesday 1pm - 5pm

IRISH DANCING 6.30pm Caledon Community Centre T: Kathleen - 07702 232 464

WEDNESDAY

MARCH

APRIL

MAY

COLOUR ME IN

WEIGHT WATCHERS 10am Caledon Community Centre Marie E marie.miles@ww.com

KEEP FIT 3pm – 4pm Caledon Community Centre T: Janet - 01438 840519

ZUMBA 7.15pm - 8:15pm Caledon Community Centre E: micheleplummer@talk21.com

PILATES 7pm – 9pm Morris Way Pavilion T: Joanna - 07740 930263

THURSDAY

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SEATED EXERCISE 10am -11am Caledon Community Centre T: 01727 821314

SEATED YOGA AND RELAXATION 11am - 12noon Caledon Community Centre T: 01727 821314

LINZIE'S MUSIC GROUP 10am - 10:45am Napsbury Pavilion - Term Time T: 07956 857589

LUNCH CLUB 12noon Caledon Community Centre T: 01727 821314

LONDON COLNEY LIBRARY Saturday 1pm - 5pm

TAE KWON DO 4pm Caledon Community Centre T: Chris Snow - 07960 476124

ROYAL BRITISH LEGIONS Thursdays 7.30pm to 10.00pm (fortnightly) Morris Way Pavilion Rosemary 01582 763736

FRIDAY

OVER 50'S EXERCISE 10am - 11am Caledon Community Centre T: Nicki - 07984 928855

ST. ALBANS DISTRICT FOOD BANK 10am – 12noon Caledon Community Centre T: St. Albans Citizens Advice to get referral 01727 811 118

SATURDAY

LONDON COLNEY LIBRARY 9:30am - 1:30pm

MININMES MESSY PLAY 10am - 11am see website for dates www.minimesworldof adventures.com

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THURSDAY 16TH ST PATRICKS DAY SPECIAL LUNCH CLUB

TUESDAY 25[™] ST GEORGES DAY SPECIAL LUNCH CLUB

6TH - 8TH CORONATION WEEKEND

KEEP AN EYE ON OUR WEBSITE AND

SOCIAL MEDIA FOR UPDATES ON EVENTS

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